





Dear Roger Clap Families,

This spring our school will be focusing on supporting the development of students' self management & relationship skills. These are areas that our data has shown is an area of growth.

Area of Focus	What does this mean?	At school we will...	At home you can ...
Self Management 	The ability to successfully regulate one's emotions, thoughts, and behaviors in different situations — effectively managing stress, controlling impulses, and motivating oneself. The ability to set and work toward personal and academic goals.	<ul style="list-style-type: none"> • Help students share what "Zone" they are in & identify what "tools" can help them manage their feelings safely & respectfully • Have students share their triggers & manage stress through mindfulness & other strategies 	<ul style="list-style-type: none"> • Talk about how you manage stress • Ask your learner what "tools" they used to make safe choices • Have them share a goal they are working on
Relationship Skills 	The ability to establish and maintain healthy rewarding relationships and to effectively navigate settings with different social and cultural norms and demands. The ability to communicate clearly, listen actively, cooperate with others, negotiate conflict constructively, seek help when needed.	<ul style="list-style-type: none"> • Brainstorm & practice ways to problem solve with their peers • Help students understand how their peers are similar and different from them • Have specific opportunities to work and play with students in the school 	<ul style="list-style-type: none"> • Share how you problem solve when challenges arise • Ask your learn to name a student they played with or learned with • Have them share a kind and safe way they problem solved at school

As a reminder, unless there is an emergency or a scheduled medical appointment, please do not pick up your child early from school. When students are picked up early, this can make dismissal more challenging for our community and your child is missing valuable time in their classroom. Dismissal starts at 4pm.

Upcoming Events:

- THIS WEEK → Thursday, March 14 - Family Financial Literacy Night from 5-6:30pm - Dinner is provided!
- Family Conferences: Make sure you have connected with your learner's teacher to schedule a Spring Family Conference to receive their report card.
- Tuesday, March 26 - 6:00 - March School Site Council Meeting on Zoom where families can learn about Spring MCAS & provide feedback about our school's Snack & Wellness Policy.
- Friday, March 29 - No School



In partnership,
 Emma Fialka-Feldman, Principal